



Junique McKay

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SUGGESTED INTERVIEW TOPICS

- Helping children navigate divorce without carrying guilt
- Why children often blame themselves when families change
- The unique role grandparents and other family members play during family transitions
- What children need to hear—but adults often forget to say
- How stories create emotional safety for difficult conversations
- The hidden fears children experience during divorce
- Supporting children through family transitions with honesty and reassurance

SUGGESTED INTERVIEW QUESTIONS

- What inspired you to write *Love Is Like the Moon* for your grandson?
- Why do children so often assume they are somehow responsible for divorce?
- Why can grandparents become such an important source of stability during family transitions?
- What are some signs that a child is struggling emotionally but may not know how to express it?
- Why did you wait seventeen years to publish this story?
- What do you hope children—and the adults who love them—take away from the book?

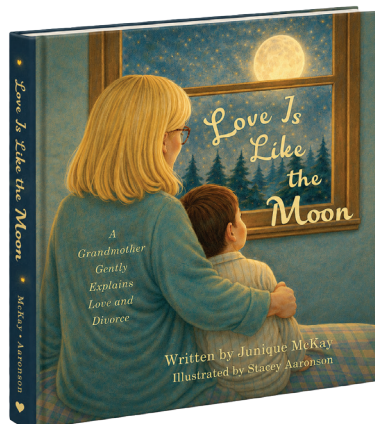
"Junique McKay's lovely book is invaluable to a young child who is trying to understand feelings that arise in him in the midst of his parents' divorce . . . with complex and beautifully rendered illustrations that are sensitive enough for a young child to fully appreciate."

—Ronnie Brenner, retired LCSW, BCD

ABOUT JUNIQUE

Junique McKay is a psychotherapist, registered nurse, grandmother, podcast host, and author whose work centers on helping people navigate life's most challenging transitions with compassion and honesty. Drawing on decades of clinical experience and personal insight, she brings warmth, wisdom, and practical guidance to conversations about family, healing, and human connection.

ABOUT LOVE IS LIKE THE MOON



- Release Date:** June 29, 2026
- Ages:** 5–8
- Formats:** Hardcover & eBook
- Available at:** JuniqueMcKay.com & major retailers

Love Is Like the Moon gently helps children understand that love remains even when families change shape. Through the comforting wisdom of Grandma and the reassuring metaphor of the moon, the story addresses the fears, sadness, and self-blame many children experience when parents divorce. Created for children five to eight, the book encourages honest conversations, emotional expression, and healing during one of childhood's most difficult transitions.

THE STORY BEHIND THE STORY

Seventeen years ago, Junique wrote *Love Is Like the Moon* for her young grandson as he struggled to understand his parents' divorce. Though the manuscript remained tucked away for nearly two decades, its message of reassurance, healing, and enduring love feels more timely today than ever.